Het Trefpunt "The Meetingpoint"

The "Trefpunt" is a low-threshold, diagnosis-free meeting place. Peer support workers are present to listen and think along with you about recovery-oriented themes such as meaning, participation, personal autonomy, and self-image.
A peer support worker can support you in your recovery process based on their own lived experience. Contact is low-threshold and based on equality, respect, recognition and understanding. We are here for clients as well as for family members and significant others.

You are welcome to drop in for a conversation, a chat, a cup of coffee or tea, or simply to take a break from your own surroundings. No appointment is needed. You are welcome just as you are, without any expectations.

✓ **Het Trefpunt in Groningen**

Hereweg 80, Groningen (ground floor, to the right of the reception)
Opening hours: Scan the QR code for more information.

✓ **Het Trefpunt in Zuidlaren**

Ontmoetingskerk, Zuidlaren (via the left side entrance)
Opening hours: Scan the QR code for more information.

Visit Lentis.nl for more information (NL).

Lentis